# **KIDS** Club

Daily Activities

Wednesday

Registration

Lunch time T-Shirt painting \*

Coconut painting

Gel candle making \*

Marshmallow roasting (Beach)

What a great day, see you soon

09:00 10:00

11:00

13:00

14:30 16:00

17:30

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| 09:00 | Registration                   |
|-------|--------------------------------|
| 10:00 | Banana leaf horse making       |
| 11:00 | Gel candle making *            |
| 13:00 | Lunch time                     |
| 14:30 | Umbrella painting *            |
| 16:00 | Coral painting                 |
| 17:30 | What a great day, see you soon |

### Thursday

| 09:00 | Registration                   |
|-------|--------------------------------|
| 10:00 | Thai kite making               |
| 11:00 | Plaster model painting *       |
| 13:00 | Lunch time                     |
| 14:30 | Umbrella painting *            |
| 16:00 | Samui coconut Petanque         |
| 17:30 | What a great day, see you soon |

### Tuesday

| 09:00 | Registration                   |
|-------|--------------------------------|
| 10:00 | Banana leaf gun making         |
| 11:00 | Pizza making * (The View)      |
| 13:00 | Lunch time                     |
| 14:30 | Magic bag painting *           |
| 16:00 | Coconut hunting                |
| 17:30 | What a great day, see you soon |

### Friday

| 09:00 | Registration                   |
|-------|--------------------------------|
| 10:00 | Balloon art                    |
| 11:00 | Pizza making * (The View)      |
| 13:00 | Lunch time                     |
| 14:30 | Magic bag painting *           |
| 16:00 | Seashell collection            |
| 17:30 | What a great day, see you soon |





### Saturday

| 09:00 | Registration                   |
|-------|--------------------------------|
| 10:00 | Paper racing car making        |
| 11:00 | Yarn doll making *             |
| 13:00 | Lunch time                     |
| 14:30 | Gel candle making *            |
| 16:00 | Kid's aqua aerobic             |
| 17:30 | What a great day, see you soon |



| 09:00 | Registration                   |
|-------|--------------------------------|
| 10:00 | Basic Thai lesson              |
| 11:00 | Plaster model painting *       |
| 13:00 | Lunch time                     |
| 14:30 | T-Shirt painting *             |
| 16:00 | Marshmallow roasting (Beach)   |
| 17:30 | What a great day, see you soon |
|       |                                |







# Sports & Recreation

## Daily Activities

### Monday

| 08.00 | Tai Chi (Yoga Sala) max. 10 pers. |
|-------|-----------------------------------|
| 10.00 | Pilates (Yoga Sala) max. 10 pers. |
| 14.00 | Chiang Mai Umbrella Painting *    |
| 16.00 | Coconut Petanque (Beach)          |

### Tuesday

| 00.80 | Basic Muay Thai (Yoga Sala) 5 pers. |
|-------|-------------------------------------|
| 9.00  | Bicycle Tour * (Reception)          |
| 4.00  | Water Polo (Main Pool)              |
| 6.00  | Beach Volleyball                    |

### Wednesday

| 08.00 | Basic Yoga (Yoga Sala) max. 10 pers. |
|-------|--------------------------------------|
| 10.00 | Pilates (Yoga Sala) max. 10 pers.    |
| 14.00 | Basic Muay Thai (Yoga Sala)          |
| 16.00 | Coconut Petanque (Beach)             |

| 08.00 | Stretching (Yoga Sala) max. 10 pers |
|-------|-------------------------------------|
| 10.00 | Fit Ball (Yoga Sala) max. 5 pers.   |
| 14.00 | Water Polo (Main Pool)              |
| 16.00 | Aqua Aerobic (Main Pool)            |
|       |                                     |

Thursday

### Friday

| 08.00 | Tai Chi (Yoga Sala) max. 10 pers. |
|-------|-----------------------------------|
| 09.00 | Bicycle Tour * (Reception)        |
| 14.00 | Basic Muay Thai (Yoga Sala)       |
| 16.00 | Beach Volleyball                  |
| 17.30 | Fisherman's Village tour *        |
|       | (Kan Sak Thong Restaurant)        |





### Saturday

| 08.00 | Basic Yoga (Yoga Sala) max. 10 pers. |
|-------|--------------------------------------|
| 10.00 | Elastic Workout (Yoga Sala) 5 pers.  |
| 14.00 | Water Polo (Main Pool)               |
| 17.00 | Beach Muay Thai                      |





### Sunday

| 8.00 | Pilates (Yoga Sala) max. 10 pers. |
|------|-----------------------------------|
| 9.00 | Bicycle Tour * (Reception)        |
| 4.00 | Chiang Mai Umbrella Painting *    |
| 5.00 | Aqua Aerobic                      |





